

MOVI PREP

**Day Before Test**

In the AM day before test, mix the MoviPrep solution and refrigerate

- Empty 1 pouch A and 1 pouch B into the container with lukewarm water. Cap bottle mix until dissolved.

**Start a clear liquid diet at lunch the day before your exam (no solid food, no milk).**

**Clear Liquids Diet List**

Soft drinks (orange, ginger ale, cola, sprite, 7up, Gatorade, Kool Aid avoid red colors)

Strained fruit juices, NO PULP

Water, tea, coffee (no milk or non-dairy creamer, you may use sugar or honey)

Low sodium chicken or beef bouillon or broth

Hard candies, Jell-o or Popsicle's (avoid red colors)

**At 5:30PM the day before test.**

Drink MoviPrep solution you prepared earlier

The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz), until the full liter is complete. (Approximately 1 hour)

Continue to drink clear liquids until bedtime.

**8:00 pm the day before test,** mix the 2<sup>nd</sup> dose of MoviPrep and refrigerate.

**AT 11 pm the night before test or 7 hours prior to your scheduled colonoscopy time.**

Begin drinking the solution for a second time.

MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is complete. (Approximately 1 hour)

**Day of Test**

**Do not eat or drink anything until after your test; take your regular medications with a sip of water.**

Appointment Date: \_\_\_\_\_

Location:           OFFICE          

**\*\*NOTHING TO EAT OR DRINK 6 HOURS PRIOR TO  
PROCEDURE\*\* (THIS INCLUDES WATER & PREP SOLUTION)**

**YOU MUST HAVE SOMEONE DRIVE YOU HOME FROM PROCEDURE!**

**\*\*There is a \$250 fee if a 3-business day is not provided when rescheduling or canceling  
procedures\*\***

**(This is not payable by your insurance)**